


# JANUARY 2010

Mon	Tue	Wed	Thu	Fri	Sat	
				<p>1 10:00 Exercise Video 10:30 Reading Time 1:00 PM Horse Shoe Toss Game 6:30 Movie</p>	<p>2 9:00AM Beauty Shop 10:00 Exercise Video <b>10:30 Trivia</b> <b>1:00 PM Bingo</b> <b>2:00 Men's Pinochle</b> 2:00 Poker 4:00 Bunco 6:30 Movie</p>	
<p>3 10 AM Exercise Video 10:30 Wheel of Fortune 1:00 PM Bingo 2:00 Dominoes 6:30 Movie</p>	<p>4 10:30 AM Exercise Video 1:00 PM Brain Teaser <b>1:00 Bunco</b> 2:00 Wii Video Game 2:00 Out to Dominicks 6:30 Bingo</p>	<p>5 10:00 AM Exercise Video 10:30 News and Views 1:00 PM Drumming Circle <b>2:00 Birthday Party</b> <b>6:30 Jack Diamond's program starring Sammy Davis Jr.</b></p>	<p>6 9:00 AM Out to Jewel 10:30 Wheel of Fortune 12:15 Out to Banks 1:00 PM Drumming Circle 1-3 Art Class w/Mr. L at OP <b>2:30 Casino</b> <b>3:30 Shopping to Target</b> 6:30 Bingo</p>	<p>7 10:00 Exercise Video 10:30 Wheel of Fortune <b>2:00 Life of Abundance w/ Caryl Derenfeld</b> 1:30 Beauty Shop Opens 3:30 Whamo <b>6:30 Entertainment w/ Rod</b></p>	<p>8 9:00 AM Blood Pressure Checks 10:00 Exercise Video 10:30 Reading Time 1:00 PM Dominoes 3:30 Out to Jewel 6:30 Movie</p>	<p>9 9:00 AM Beauty Shop 10:00 Exercise Video 10:30 Wheel of Fortune <b>1:00 PM Bingo</b> <b>2:00 Pinochle</b> 4:00 Bunco 6:30 Movie</p>
<p>10 10AM Exercise Video 10:30 Wheel of Fortune 1:00 PM Bingo 2:00 Dominoes 6:30 Movie</p>	<p>11 10:00 Exercise Video 10:30 Brain Teaser <b>1:00 PM Bocce Ball</b> <b>2:00 Out to Aldi</b> 2:00 Wii Video Game 3:30 Whamo 6:30 Bingo</p>	<p>12 10:00 AM Exercise Video 10:30 News &amp; Views <b>11:00 Out to Lunch at Red Lobster</b> 1:00 PM Communion 1:30 Poker 3:00 Dominoes 6:30 Movie</p>	<p>13 9:00 AM Out to Jewel 10:30 Wheel of Fortune 12:15 PM Out to Banks 1:00 Tenant Council Meeting 2:00 Drumming Circle <b>2:30 Shopping to KMART &amp; Walgreens</b> <b>2:30 Des Plaines Library</b> <b>6:30 Bingo</b></p>	<p>14 10:00 AM Exercise Video 10:30 Wheel of Fortune 1:00 PM Lawn Dice 1:00 Drumming Circle <b>1:30 Beauty Shop Opens</b> 6:30 Sing Along w/ Rod</p>	<p>15 9:00 AM Blood Pressure Checks 10:00 Exercise video 10:30 Reading Time <b>1:00 PM Maine Township Bingo</b> 3:00 Out to Jewel 6:30 Movie</p>	<p>16 9:00 AM Beauty Shop 10:00 Exercise Video 10:30 Trivia <b>1:00 PM Bingo</b> <b>2:00 Men's Pinochle w/ Jovita</b> <b>4:00 Bunco</b> 4:00 Bunco 6:30 Movie</p>
<p>17 10 AM Exercise Video 10:00 <b>Faith Church</b> 1:00 PM Bingo <b>2:00 Mike Basin</b> 6:30 Movie</p>	<p>18 9:00 AM Manicures &amp; Pedicures 10 AM Exercise Video 10:30 Brain Teaser <b>1:00 PM Out to Dominicks</b> 3:30 Whamo 6:30 Bingo</p>	<p>19 10:00 AM Exercise Video 10:30 News &amp; Views <b>1:00 PM Poker</b> 1:00PM Drumming Circle <b>3:00 Dominoes</b> 6:30 Movie</p>	<p>20 9:00 AM Out to Jewel 10:30 Wheel of Fortune <b>1:00 PM Shopping to caputos &amp; \$ Store</b> <b>1:30 Horse Racing</b> <b>3:00 Chase Your Winter Blues w/ Fabulous "50" Kalia Jefferson</b> <b>6:30 Community Drumming</b></p>	<p>21 10 AM Exercise Video <b>10:30 Wheel of Fortune</b> 1:30 Beauty Shop Opens 3:30 Bingo <b>6:30 Entertainment w/ Rod</b></p>	<p>22 9:00 AM Blood Pressure Checks 10:00 Exercise Video 10:30 Reading Time 1:00 PM Bocce Ball <b>3:00 Out to Jewel</b> 6:30 Movie</p>	<p>23 9:00 AM Beauty Shop 10:00 Exercise Video <b>10:30 Wheel of Fortune</b> 1:00 PM Bingo 2:00 Men's Pinochle w/ Jovita 2:00 Poker 4:00 Bunco 6:30 Movie</p>
<p>24 10 AM Exercise Video 10:30 Wheel of Fortune 1:00 PM Bingo <b>2:00 Dominoes</b> 6:30 Movie</p>	<p>25 10 AM Exercise Video 10:30 Brain Teaser 1:00 PM Exercise w/ Afshi 2:00 Out to ALDI 2:00 Wii Video Game 6:30 Bingo</p>	<p>26 10 AM Exercise Video 10:30 News &amp; Views 11:00 Out to Lunch at Olive Garden 1:00 PM Poker 3:00 Lutheran Hour 6:30 Movie</p>	<p>27 9:00 AM Out to Jewel 10:30 Wheel of Fortune 1:00 PM Drumming Circle 2:00 Casino <b>2:30 Out to Trader Joe's</b> 6:30 Bingo</p>	<p>28 9:30 AM Beauty Shop 10:00 Exercise Video <b>1:00 PM Drumming Circle</b> 3:30 Bingo <b>6:30 Sing Along w/ Rod</b></p>	<p>29 9:00AM Blood Pressure Checks 10:00 Exercise Video 10:30 Reading Time 1:00 PM Communion <b>2:00 Card Games</b> <b>3:00 Out to Jewel</b> 6:30 Movie</p>	<p>30 9:00 AM Beauty Shop 10:00 Exercise Video <b>10:30 Trivia</b> 1:00 PM Bingo 4:00 Bunco 6:30 Movie</p>
<p>31 10 AM Exercise Video 10:30 Wheel of Fortune 1:00 PM Bingo <b>2:00 Dominoes</b> 6:30 Movie</p>						